



## **Job Posting**

### *BC Pipe and Park Team Coach*

BC Freestyle Ski Association is currently accepting job applications for the BC Pipe and Park Team Coach position. The deadline for accepting applications will be **August 31, 2010**.

#### **Program Description:**

REPORTS TO: BC Freestyle High Performance Program Director

CONTRACT PERIOD September 1, 2010 to April 30, 2010

#### **Objectives for this program:**

To enhance and deliver performance training programs and services to the BC Freestyle Ski Team "Learn to Compete/Train to Compete" athletes.

#### **2010-2011 Goal**

The goal is for the BC "Learn to Compete/Train to Compete" athletes to qualify for and achieve personal best results at Jr. Nationals, Canada Winter Games, Nationals and selected Canadian Series, Nor-Ams and Canadian 3<sup>rd</sup> party events.

#### **Long Term Goal**

To prepare athletes for success at Nor-Am competitions by 2012 or sooner.

#### **Job Description:**

The following points outline the Job Description for the *BC Pipe and Park Team Head Coach*:

1. Assist BC Freestyle in targeting BC Pipe and Park athletes
2. Provide BC TEAM targeted athletes with a yearly training and competitions plan that includes:
  - a. A "Learn to Compete" and/or "Train to Compete" yearly training plan spreadsheet that includes assessments, preparation and implementation of the following:
    - dry-land training sessions/camps
    - air training – trampoline, water ramp and on snow
    - skiing skill training
    - competition preparation and competitions
    - on going nutritional and mental training preparation
  - b. A strength and conditioning program
  - c. A calendar of activities
  - d. A calendar of competitions
3. Maintain an individual file on each athlete that will include:
  - a. Athletes short, medium and long term goals



- b. Reports from the Performance enhancement team
- c. Reports from the Medical and para-medical assessments
- d. Bench marks set for targeted Level 2, 1a, and 1 athletes
- e. Evidence that the targeted athletes have met their benchmarks
- f. Athletes evaluations (2 per year)

This file must be shared with the BC Freestyle office and updated on time.

4. Work with the Performance Enhancement Team and Medical Team to ensure athletes are provided with all available services.
5. Provide coaching for the BC Freestyle Ski Team Athletes at all training camps and competitions in the yearly training plan. Athletes are expected to compete at BC Series, Canadian Series, Nor-ams and Nationals. Other Canadian Open events are recommended. This will amount to Approximately 140 face to face days with your IPS targeted athletes.
6. Coach at Jr. Nationals and Canada Winter Games the BC P&P team coach will coach other BC athletes if requested by BC Freestyle.
7. Keep a high standard of evaluation and communications by doing the following:
  - a. Perform self evaluations and participate in BC Freestyle Performance Review sessions
  - b. Provide athletes with an evaluation form to evaluate your services as their coach
  - c. Set and record bench marks for yourself as a coach
  - d. Attend regularly scheduled staff meetings and designated committee meetings
  - e. Provide updates for the BC Team and work closely with the BC Freestyle Communications personnel
8. Strive to for self Improvement and continual education
  - a. Set a professional development plan for your self at the beginning of each term
  - b. Provide evidence that you have implemented the plan after the plan concludes
  - c. Attend Concussion workshop 1 time every 3 years
  - d. Take a basic first aid and CPR course 1 time every 2 years
9. Will participate and provide input into BC Freestyle strategic planning process, the annual business action plan and BC Freestyle Policy and freestyle ski sport Specific Rules.
10. Will stay up to date and be familiar with and adhere to BC Freestyle Policy and Sport Specific Rules.
11. Will work in cooperation with the BC Freestyle Ski Association corporate and public partners to meet deliverable expectations on time.



12. Participate in training situation that integrate BC TEAM athletes/coaches with club/performance regional level athletes/coaches.
13. Be responsible for BC TEAM equipment during the entire contract term.
14. Provide year-end report and other reports as requested by BCFSA.

**Education:**

Level III NCCP (Mandatory for funding) Aerials and/or Moguls

Level II Air

Level II Pipe and Park

Post Secondary Education is beneficial

**Other attributes required:**

- strong leadership skills with the ability to produce measurable results with Performance athletes.
- excellent communication and listening skills with both internal and external personnel
- experience working in the field of competitive sport
- possess multi-tasking skills necessary work in a non-profit society with limited staff
- demonstrated ability to manage the multi-faceted roles and contributions of coaches, trainers, nutritionists, and medial staff
- time management and the ability to manage multiple projects and meet deadlines
- willingness to adapt to change quickly
- proven ability to work with a minimum of supervision and take initiative to address problems in a creative manner that contributes to the team effort
- demonstrate the ability to engage athletes and build strong teams
- up to date with current technical standards for freestyle skiing
- ability and desire to learn and strive for the highest coaching standards
- experience using video and radio equipment

**Application:**

Submit Resume and cover letter - **DEADLINE: August 31, 2010**

BC Freestyle will contact applicants if an interview is required.

All submissions must be e-mailed to [info@bcfreestyle.com](mailto:info@bcfreestyle.com). If applicants have questions please contact Wade Garrod, High Performance Program Director:  
604-637-7270 office